

# Senior Health Fair

Resources for The Golden Years

## INFORMATION & ENTERTAINMENT

FOR SENIORS, THEIR FAMILIES  
AND FRIENDS

**Saturday, September 12, 2026**

**10 am to 3 pm**

**Wyndham Sacramento Hotel Northeast 5321 Date Avenue**

Off of Highway 80 at Madison Sacramento, CA 95841



**FREE  
Parking**

**FREE  
Admission**

- **FREE EXHIBITS!**
- **FREE ENTERTAINMENT!**
- **HEALTH SCREENINGS!**
- **SAMPLES & PRIZES!**

**Rock-n-Roll Concert and Classic Car Displays!**



- Senior Care
- Medicare Options
- Home & Garden
- Sports & Fitness
- Anti-aging Programs
- Mental Health
- Veterans Information
- Chiropractors and Massage
- Natural Healing
- Health & Other Insurance
- Investment and Retirement
- And Much More!

### Great Entertainment & Live Music

Hear old time rock n' roll, cruising songs, surfer songs.  
It's the music you grew up with!

sponsored by

**GET CARE  
AT HOME**

**MPG**  
Messenger Publishing Group

Assisted Living & Memory Care  
**Oakmont**  
of Carmichael

**CALIFORNIA HEALTH ADVOCATES**  
Medicare: Policy, Advocacy and Education



**SMP**  
Senior Medicare Patrol  
Preventing Medicare Fraud

**KAISER PERMANENTE**

**www.SeniorHealthFair.org To Exhibit: 916.910.9499 or info@recovery4all.org**